

# Safeguarding and Prevent newsletter



Issue 2 | April 2020



HM Government



## CORONAVIRUS STAY AT HOME SAVE LIVES

The only reasons to leave home are to:

- ✓ Shop for basic necessities, pick up medicine, travel to work when you absolutely cannot work from home and exercise once a day - alone or with members of your household.
- ✗ Do not meet others, even friends or family.

CORONAVIRUS

STAY HOME  
PROTECT  
THE NHS  
SAVE LIVES

As we face the Covid 19 pandemic, keeping ourselves and each other safe is so important. Adjusting to the changes in our everyday lives is challenging and navigating the journey ahead may seem daunting. We hope that you will turn to us if you need any support. It doesn't have to be about your learning, we are here to listen and to offer support if you need it..

### DOMESTIC VIOLENCE

Since the lockdown began there has sadly been a rise in domestic abuse. The Women's Aid website offers support and guidance to women who have been a victim of domestic violence and also people who are worried about someone else.

You can also access live chat which will be online from 10am to 12midnight on weekdays if you are seeking support due to domestic violence. To access live chat please access via [helpline@womensaid.org.uk](mailto:helpline@womensaid.org.uk)

There are also a number of other organisations who are on hand to offer help and support.

**National Domestic Violence Helpline (for women)**

<https://www.nationaldahelpline.org.uk/>  
08082 000 247

### Domestic Abuse Partnership

<http://www.hulldap.co.uk/>  
01482 318 759

Men can also be victims of domestic abuse and there are also a number of organisations which can help. They all provide practical advice and support to men who have been abused and aim to relieve the hardship, distress and suffering of male victims.

### Men's Aid Charity

<https://www.mensaid.co.uk/>  
0333 567 0556

### Strength to Change (for men)

<http://www.hullstrengthtochange.org/>  
01482 613 403

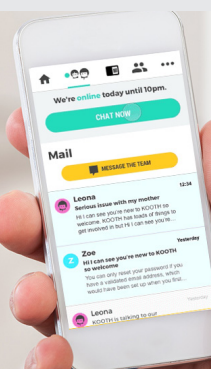
IN AN EMERGENCY  
DIAL 999

### DIGITAL COUNSELLING SERVICE

A new online counselling and support service is now available to young people across Hull who are 11-25 years old. Kooth is a safe, confidential and anonymous way for young people to access emotional wellbeing and early intervention mental health support.

Fully trained and qualified counsellors and emotional wellbeing practitioners are available until 10pm each night, 365 days per year, providing a much needed out-of-hours service for emotional support in an accessible way.

For more information on how to access the services visit [www.kooth.com](http://www.kooth.com)



## LEARN SOMETHING NEW!

**Why not learn something new whilst on lockdown!** We have a number of free courses which you will be able to access online. Our tutors are ready to provide online classes, workshops and support. Now is a great time to get those qualifications that you have always planned to take or try something new. Some of our free courses include:

- **English and maths** – Functional Skills and GCSE available at different levels so you can find the right fit
- **Support for Teaching and Learning L1** – find out more about what's needed to be a teaching assistant
- **Study Skills** – Study tips and knowledge: quoting, paraphrasing and summarising; critical thinking skills; listening and note-taking and more.
- **Spanish and Italian** – get ready for a well-deserved post lockdown holiday by mastering the basics
- **Managing Children's Behaviour** – For parents and carers of children that want to develop a range of techniques to manage children's behaviour effectively
- **Family Learning: School Ready** – For parents and carers of children who have children due to start school, develop a range of techniques to support the transition to school

You can find more details about our free courses on our website <https://www.hcctraining.ac.uk>



## Neo-Nazi group Sonnenkrieg Division proscribed

As of 28 February neo-Nazi group Sonnenkrieg Division (SKD) are a proscribed organisation, meaning it is an offence to be a member or support SKD, as well as National Action off-shoot, System Resistance Network (SRN). Anyone convicted could face up to 10 years in prison and an unlimited fine. The group becomes the second right wing terrorism organisation to be proscribed in UK since the 1940s, following National Action's proscription in 2016.

The Head of Counter Terrorism Policing, Assistant Commissioner Neil Basu, said: *"Last year I warned that right wing terrorism (RWT) was the fastest growing terror threat in the UK, and today's proscription is a positive step in the fight against this insidious and hateful ideology. We have already seen the conviction of two SKD members for plotting to attack the Royal family, and there are countless other examples of the exceptional work that has taken place across our national network to disrupt, dismantle and destroy right wing terrorist groups such as SKD or National Action."*

## Online Awareness

Due to Covid-19 we are spending more time on our digital devices. They are great for keeping our minds active and can help support our mental health wellbeing.

With young people off school they are more likely to be playing games consoles to entertain and occupy them. A film has been created to highlight the possible risks of young people being radicalised and groomed through playing online games with strangers who seek to influence vulnerable people via the chat facility.

Radicalisation is happening online. If you are worried about someone you know, share your concerns and ACT now. Information and support is available at [www.itai.info](http://www.itai.info) or [www.gov.uk/ACT](http://www.gov.uk/ACT)

The film is free and available to view on YouTube <https://bit.ly/2yH7NxG>

**CoronavirusHull**

### Hull Helpline

**Support for those who need it most.**  
If you are aware of someone in Hull who is vulnerable and has no one else to help them, they should call:

**01482 300 307**  
Seven days a week 9am - 5pm #HullTogether

## PUZZLE CORNER

Remember to try to have fun throughout this period. The NHS advice is to try to keep yourself busy with activities like cooking, reading, online learning and watching a film, do light exercise at home or outside once a day and try to stay in touch with family and friends over the phone and social media.

Try and see how long it takes you to complete our word search!

To make it a little bit more exciting, once complete scan and email your completed grid along with your name and address to [learner.advice@hullcc.gov.uk](mailto:learner.advice@hullcc.gov.uk) and you could win a £20 gift voucher.

Closing date 31 May 2020. The winner will be selected at random.

D	O	M	E	S	T	I	C	A	B	U	S	E	L
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T	S	N	S	T	T	E	N	G	L	I	S	H	E
S	G	A	T	N	S	P	A	N	I	S	H	I	A
H	U	E	C	O	U	N	S	E	L	L	I	N	G
T	E	E	M	O	H	T	A	Y	A	T	S	S	I
A	A	S	T	A	Y	S	A	F	E	N	L	N	E
M	W	E	L	L	B	E	I	N	G	U	A	U	G
T	E	A	C	H	I	N	G	I	B	I	E	E	T
L	B	S	L	G	A	E	H	N	L	S	S	E	A
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E	S	S	T	U	D	Y	S	K	I	L	L	S	E

ITALIAN	<input type="checkbox"/>	KOOTH	<input type="checkbox"/>
SPANISH	<input type="checkbox"/>	STUDY SKILLS	<input type="checkbox"/>
COUNSELLING	<input type="checkbox"/>	MENTAL HEALTH	<input type="checkbox"/>
TEACHING	<input type="checkbox"/>	STAY SAFE	<input type="checkbox"/>
MATHS	<input type="checkbox"/>	DOMESTIC ABUSE	<input type="checkbox"/>
ENGLISH	<input type="checkbox"/>	STAY AT HOME	<input type="checkbox"/>
WELLBEING	<input type="checkbox"/>	WOMENS AID	<input type="checkbox"/>

## Help and Advice

If you have any concerns or want more information about Safeguarding or Prevent, please contact our Designated Safeguarding Lead Vanessa Drax. Email: [vanessa.drax@hullcc.gov.uk](mailto:vanessa.drax@hullcc.gov.uk) Call: 01482 615 250 Mobile: 07872 416 146

We also have a number of Deputy Designated Safeguarding Leads across our centres. Look out for their contact details which are displayed in classrooms and all public areas.

Let us know if there is a subject you would like us to cover in the next edition by emailing [vanessa.drax@hullcc.gov.uk](mailto:vanessa.drax@hullcc.gov.uk)

**Hull**  
Training & Adult Education

