



Training & Adult Education



HULL TRAINING AND ADULT EDUCATION

PART-TIME
COURSES
SUMMER 2023

APRIL – JULY



SCAN
ME!

www.hcctraining.ac.uk



Hull
City Council



European Union
European
Social Fund



Education & Skills
Funding Agency



WELCOME

TO OUR NEW PROSPECTUS OUTLINING THIS TERM'S COURSES, APPRENTICESHIPS AND TRAINING WORKSHOPS



Welcome to our Spring prospectus!

Hull Training and Adult Education offers a responsive, accessible, high-quality education for individuals, families and businesses which enables all residents to enjoy life, take part in society, have the skills for sustainable and productive employment.

We continue to focus on courses that engage adults and provide the skills and learning you need to be employed or progress in your work, commence an apprenticeship, other learning, or volunteering.

We are keen to have your opinion on our courses this year as we plan our move to our city centre building. Watch the space for engagement events and activities.

I hope you find a course that suits your needs and if it's not in the brochure please don't hesitate to contact us.

Sharon Gamble
Head of Service



TRAVEL

Getting to and from our Adult Education Centres has never been easier...

BUS

To get to The Avenues Adult Education Centre, call into the Hull Interchange. Take Bus 3 or Bus 3B which you'll find at Bay 18.

To get to Preston Road Adult Education Centre, which you'll find in The Freedom Centre, call into the Hull Interchange. Take Bus 13 (Bay 16) or Bus 14 (Bay 33).

You'll find the Hull Interchange in the heart of the city centre, right next to Hull's train station which is located on Ferensway, Hull HU1 3QX.

CYCLING IN AND AROUND HULL

Hull is a bicycle friendly city and prides itself on its cycle lanes.

Hull Training and Adult Education is a provider of Adult and Community Education, apprenticeships and 16-18 training programmes.

We are a part of Hull City Council. The teaching and learning we provide is funded by the Education and Skills Funding Agency (ESFA). We are an Ofsted good provider, and the information, advice and guidance we offer is Matrix accredited.

We offer a wide range of courses: short informal courses to get you into something, qualifications so that you can build skills to improve your job prospects, get into work or an apprenticeship opportunity and courses to enhance your employability, your business and your personal development. We are always looking to increase our work with the community, voluntary groups and other partners, to ensure that learning opportunities reach those most in need and provide new opportunities to our residents who have not thought about returning to learning before.

OUR MISSION

We aim to:

- Be a high-quality education provider for all members of the local community, whatever your personal circumstances and previous educational experiences
- Provide you with the academic and / or technical qualifications and the personal, social and communication skills you need to engage effectively with society
- Provide access to flexible education and training pathways to meet the diverse needs of young people and adults in the region and enable everyone to participate in life-long learning
- Meet the current and future needs of local employers and contribute to the local economy by providing education and training to upskill their current and future workforce
- Re-engage you with education and training to raise your self-esteem and self-confidence, improve your health and wellbeing and transform your life chances
- Support you (where appropriate), to progress onto higher education and employment
- Reduce the percentage of young people not in education, employment or training (NEET)

High-quality education for all members of the local community

Join our **FREE** courses





EQUALITY, DIVERSITY AND INCLUSION

We are proud of our learning centres! We believe that everyone should be treated fairly, with dignity and respect.

We want everyone to be able to join our classes and get involved in education, and to feel happy and safe whilst they are here.

We will:

- Listen to what you say and recognise people have different ways of working
- Treat everyone with respect
- Take learning opportunities into the community
- Make sure that our premises are accessible, safe and clean
- Aim to make sure that your needs are fully met during the course to ensure that you can achieve your aim

We can provide:

- Information written in plain English, other languages, braille and large print
- Hearing loops
- IT equipment/specific equipment to ensure your involvement with learning
- Classroom assistance
- Creche availability

If you have any support needs, please discuss this with your tutor.

If you have any specific questions about your learning needs, please call Christine Jewitt on 01482 615 352.

If you feel you have suffered from discrimination or have experienced bullying or harassment, you can contact your tutor for help and support or call our Equality, Diversity and Inclusion Officer Christine Jewitt on 01482 615 352.

EXECUTIVE ADVISORY BOARD



At Hull Training and Adult Education we have an active board of governors (Executive Advisory Board) who play an important role in the further development of the organisation. The Board Members, who are all volunteers with a range of different skills, knowledge and experiences, meet on a monthly basis to discuss and make important decisions regarding the organisation's future.



Alex Codd (Chair)



Tracy Harsley



Steve Tomlinson



Michelle Alford



James Moore



Councillor Paul Drake-Davis



Matt Bibby



Sandra Humble



Vanessa Drax, Safeguarding Manager

SAFEGUARDING AND PREVENT

The service is strongly committed to practices that protect children, young people and adults from abuse, neglect or significant harm.

All Further Education providers have a duty to safeguard their learners. Prevent is about safeguarding our learners to keep them safe from being exploited by extremists.

The Prevent Duty is not about discouraging our learners from having political and religious views and concerns but rather it is about supporting them to use those concerns or act on them

in non-extremist ways. We are fully committed to safeguarding you and protecting you from harm at all times.

We are committed to working with the local Safeguarding Partnerships to ensure the safeguarding of all our learners.

Hull Training and Adult Education has a trained Designated Safeguarding

Lead (DSL) and a Deputy Designated Safeguarding Lead (DDSL) in each centre. They are responsible for supporting learners who have been abused, witnessed abuse, or been bullied or harassed, or disclose any specific safeguarding issues or concerns both within the service and external to the service.

Hull Training and Adult Education support disclosures which may include:

- Housing / homelessness / sofa surfing
- Debt
- Substance misuse
- Mental health
- Period poverty
- Domestic abuse
- Modern slavery
- Sexual abuse
- Prevent
- County lines
- Self-harming
- Suicide risk
- Grooming

And any issue which the learner feels at risk of harm or just would like to talk to a member of staff for advice.

or if they witness abuse; staff / learner, volunteer / learner or learner / learner and any abuse involving children, they will follow the Hull Training and Adult Education safeguarding procedures.

Incidents or concerns will be reported to the Designated Safeguarding Lead / Deputy Designated Safeguarding Lead in the first instance. The Designated Safeguarding Lead is responsible for monitoring and managing incidents or concerns and liaising with external safeguarding agencies.

If you want to talk to someone about a safeguarding issue, please contact the Designated Safeguarding Lead / Deputy Designated Safeguarding Lead at your centre or call:

**Vanessa Drax,
Safeguarding Manager
01482 615 420 /
07977 060 599 for concerns
about children, young
people and adults**

If you prefer to talk to someone outside the service about safeguarding issues, contact:

Early Help and Safeguarding Hub (EHASH)

Call: 01482 448 879 option 3. For seeking advice and making NEW referrals and requests for services for children and families

Emergency Duty team -

Call: 01482 300 304
(out of hours)

Hull Safeguarding Adults

Call: 01482 616 092 and speak to the Multi-agency Hub or call 01482 300 304 after 5pm and at weekends.

If you feel you are in immediate risk of harm, call the **Police on 999**



INFORMATION, ADVICE AND GUIDANCE (IAG)

You can get help or advice about courses from our centre staff or from an Information, Advice and Guidance Adviser. Whether you're in or out of employment, retired, caring for family or new to the UK, deciding what to do next can sometimes be a difficult task – so if you would like to discuss your thoughts and options with a qualified adviser, call **Steve Eaman** on **07879 817 789** to arrange a confidential appointment to discuss any of the following:

- **Course options**
- **Updating skills**
- **Job searching (including CV support and interview skills)**
- **Career changes**
- **Volunteering**

Who knows, we could just unlock the right door that opens up a brighter and more fulfilling future for you.

Do you need help with choosing the right course?

Do you know what you want to do, but not how to get there?



Steve Eaman, Information, Advice and Guidance Adviser

We hold the **Matrix Quality Standard** so you can be confident in accessing high quality information, advice and guidance.



HOW TO ENROL

Community Learning (CL) and Qualification (Q) courses

To enrol on the majority of the Community Learning and Qualification courses you are required to attend an induction workshop. These will take place from **April 2023**. At the induction workshops you will meet a member of staff to discuss the course, take an assessment to check that the course is the right one for you, and complete your enrolment. We look forward to meeting you on the day!

Full Cost (FC) courses

To enrol on any Full Cost courses, a payment is required to secure your place. Not all courses are funded, or part funded, by the Department for Education, therefore we have a selection of courses for you that will run for leisure with associated costs.

To enrol on a course or book an induction workshop, please call us on 01482 615 349 or 01482 616 580.

For the latest on courses, running times, dates and venues, check us out at www.hcctraining.ac.uk

Term dates: 17 April – 21 July (Bank Holiday Monday 1 May, Coronation of King Charles III 8 May, Half-term 29 May – 2 June)

CRÈCHE

Hull Training and Adult Education can provide a crèche at selected venues, currently The Park Avenue Adult Education Centre and various Outreach Centres. The crèche facilities are run by experienced crèche supervisors who are DBS checked. Opening times vary, so please check with your centre for further information and availability.

The Safeguarding and Creche Manager will ensure that:

- Clear safeguarding procedures are in place so that children using crèche services are protected from abuse and neglect, including procedures for dealing with allegations against staff
- Staff are properly trained in recognising harm and how to refer concerns in accordance with the Hull Safeguarding Children's Partnership (HSCP) procedures
- All crèche staff have an updated DBS enhanced check

Crèche places are limited.
If you need a place, please book before enrolling on your course. There is a small charge of £4 per session.



Method of Delivery for Hull Training and Adult Education

Classes will be delivered at The Avenues Adult Education Centre and The Preston Road Adult Education Centre as well as various venues throughout the city.

Venue

AEC – The Avenues Adult Education Centre

PRAE – The Preston Road Adult Education Centre

Your local Adult Education Centres:-

The Avenues Adult Education Centre
Park Avenue
Hull
HU5 4DA
01482 615 349

The Preston Road Adult Education Centre
Preston Road
Hull
HU9 3QB
01482 616 580

Key

CL – Community Learning

Courses designed to develop skills for the future, through interests and enrichment activities. Our aim is to raise aspirations for you to succeed by offering a range of courses to suit all levels and abilities.

Q – Qualification Courses

These courses are designed to help enhance your current role or support a new career direction. For people who are unemployed these can enhance your CV with skills and qualifications for your chosen role.

FC – Full Cost

These courses are designed for people who want to develop skills for leisure and hobbies.

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FEES, CONCESSIONS AND FINANCIAL SUPPORT

Information on our full fees, concessions and financial support.
If you have any further questions, contact the team today.

CAN I PAY BY INSTALMENTS?

If the courses cost more than £100 you can pay by instalments. You will need to pay 50% of the course fee at enrolment. Please ask for further details at enrolment and note that you are still liable for the course fee even if you withdraw from the course.

UNEMPLOYED ADULTS IN RECEIPT OF MEANS TESTED BENEFIT

If you are unemployed, looking for work, and are in receipt of a means tested benefit all the qualification courses in this prospectus are free. You will need to sign a self-declaration form stating that you are looking for a job and provide supporting evidence to qualify for a government fully funded course.

FORMS OF PAYMENT

We accept debit / credit cards, we do not accept cheques for course fees.

DIGITAL SKILLS

All digital skills qualification courses are now free.

LEVEL 2 ENTITLEMENT

If you are aged 19–23 years old you may be entitled to free tuition if you do not already have a qualification at or above Level 2.

BASIC SKILLS

All basic skills courses in English and maths are free - this includes English and maths GCSE if you do not already have a grade A-C or grade 4 or higher.

LEARNERS ON A LOW INCOME

You do not have to pay any course fees if you meet both of the following criteria:

- You are in paid employment
- You earn less than £20,319 per annum

You will need to provide proof of income, for example, this could be a wage slip within three months of the course start date, or a current employment contract, which states gross monthly / annual wages.

Fee remission under this category is at the discretion of the service and must be claimed before the start of the course. Refunds will not be given after the start of the course.

REFUNDS

Refund of full fees are only given if:

- A class is cancelled by the service and there is no suitable alternative, all fees are refunded
- The learner is unable to attend for medical reasons and has an appropriate medical certificate

For further details about this entitlement and whether it applies to you, please call us on 01482 615 349 or 01482 616 580.

Fee Remissions (**)

Learners in receipt of the following benefits will receive the course for free. Evidence of the benefit must be produced at the time of enrolment.

Job Seekers' Allowance

Income-related Employment and Support Allowance (Work Related Activity Group)

Universal Credit (Work Related Requirements Group, Work Preparation Group or Work Focused Interview Group)

Pension Guarantee Credit

Income Support

Housing Benefits

Council Tax Benefit (not single person occupancy)

Working Tax Credit (with a household income of less than £18,000)

A dependant of anyone receiving any of the benefits listed above

Low wage earner (learner earning less than £20,319 per annum)

LOW WAGE EARNER

If you earn less than £20,319 then your course could be **FREE!**

You just need to provide a payslip dated within the last three months.

If you are self-employed you will need to provide an official Tax Return from HMRC or a registration document.

Some of the courses we offer are:-

- Stress Awareness
- Mental Health
- Pottery
- Sewing
- Spanish
- Teacher Training
- Teaching Assistants
- Team Leading

Call us on 01482 615 349 or 01482 616 580 for more information.



FREE QUALIFICATIONS FOR ADULTS

If you are 19 or over and do not already have a Level 3 qualification or higher, you can access a free Level 3 qualification. Level 3 is equivalent to an advanced technical certificate or diploma, or A levels.

You may also be able to get help to pay for childcare, travel and other costs.

A Level 3 qualification could help you:-

- Gain skills that employers value
- Improve your job prospects
- Earn a better wage

Call us on **01482 615 349** for more information.

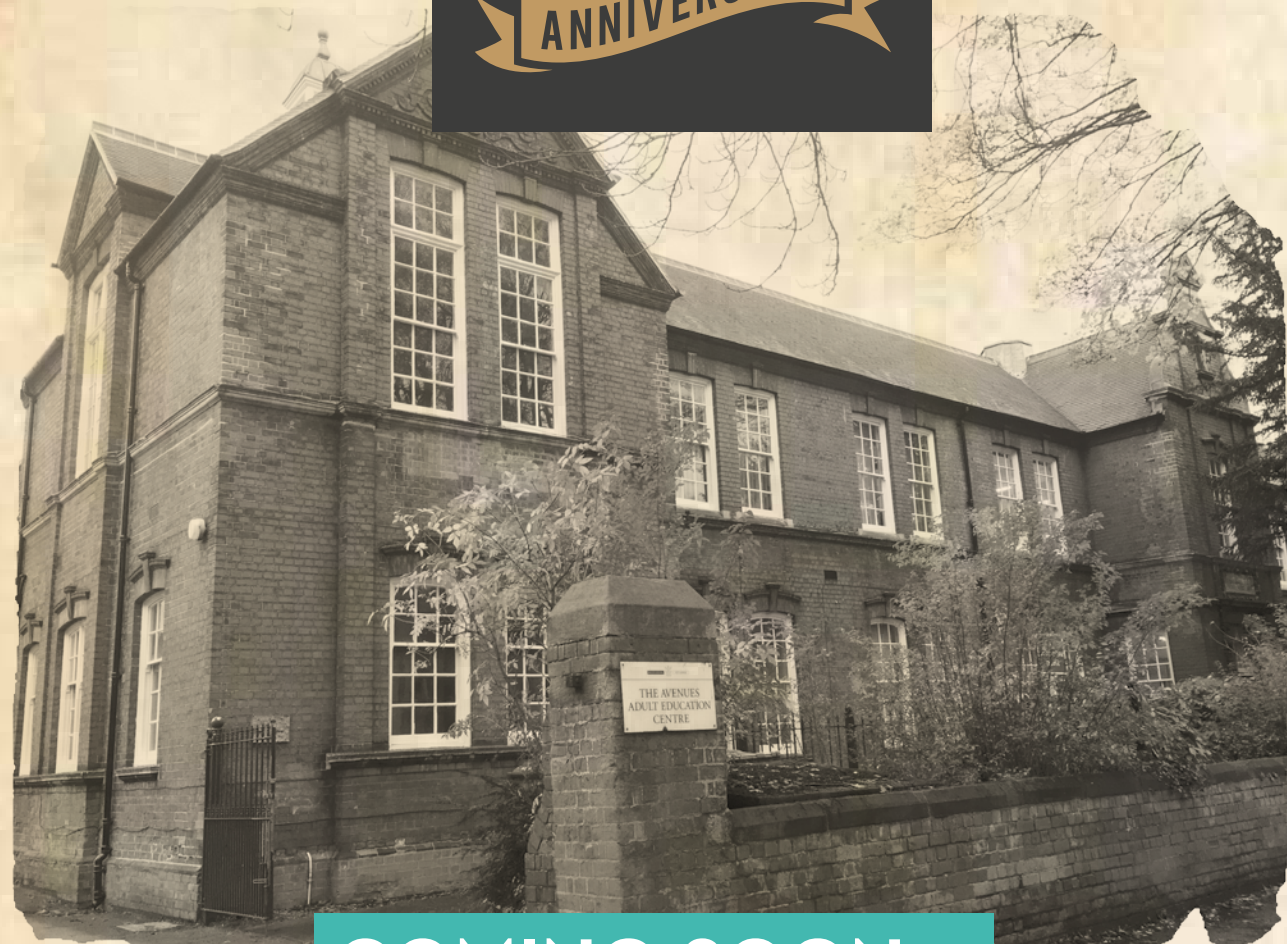
WE ARE HERE TO SUPPORT YOU!

We know that for some learners being able to enrol on a course is only possible if they receive some financial assistance. Please ring us on 01482 615 349 for information and advice on how we may be able to help you with course fees.

For the latest on courses, running times, dates and venues, check us out at www.hcctraining.ac.uk or call us on 01482 615 349



135TH
ANNIVERSARY



COMING SOON...

**A CELEBRATION FOR 135 YEARS OF
THE AVENUES ADULT EDUCATION CENTRE,
PARK AVENUE, HULL HU5 4DA**

**Saturday 15 July 2023
10am – 2pm**

See our events here or at www.hcctraining.ac.uk

Workshops for Celebration 135 Years

Course	Course Type	Venue	Day	Time	Cost	Starts	Length
Rustic Sundial using Stoneware Clay Workshop	CL	AEC	Monday	12noon-3pm	Free	05/06/23	3 hours
Community Sculpture Project	CL	AEC	Monday	10am-2pm	Free	24/04/23	4 hours
Community Sculpture Project	CL	PRAE	Monday	10am-2pm	Free	15/05/23	4 hours
Community Sculpture Project	CL	AEC	Monday	10am-2pm	Free	22/05/23	4 hours
Victorian Poetry Classes	CL	AEC	Wednesday	10am-12.30pm	Free	07/06/23	6 weeks
Victorian Scented Sachets	CL	AEC	Friday	10am-12.30pm	Free	09/06/23	6 weeks
Introduction to Hand Spinning Yarn – Community Display Project #	CL	AEC	Wednesday	6-8.30pm	Free	07/06/23	6 weeks

Commitment for six weeks



EMPLOYMENT AND SKILLS DEVELOPMENT



Employability Skills

Course	Course Type	Venue	Day	Time	Cost	Starts	Length
Writing Skills for Life and Work	CL	AEC	Monday	12.45-2.45pm	Free	17/04/23	11 weeks
Food Safety – Level 2	Q	PRAE	Tuesday	9.30am-4.30pm	£65 / Free*	06/06/23	1 day
Food Safety – Level 2	Q	AEC	Tuesday	9.30am-4.30pm	£65 / Free*	04/07/23	1 day
Health and Safety – Level 2	Q	AEC	Tuesday	9.30am-4.30pm	£65 / Free*	25/07/23	1 day
Health and Safety – Level 2	Q	PRAE	Tuesday	9.30am-4.30pm	£65 / Free*	25/04/23	1 day
Health and Safety – Level 2	Q	PRAE	Tuesday	9.30am-4.30pm	£65 / Free*	25/05/23	1 day
Health and Safety – Level 2	Q	PRAE	Tuesday	9.30am-4.30pm	£65 / Free*	27/06/23	1 day

Learners are required to complete an initial assessment prior to attending the course.

* Free to those in receipt of Job Seekers Allowance or Universal Credit

Maths

Course	Course Type	Venue	Day	Time	Cost	Starts	Length
Functional Skills Maths Fast Track – Level 1 (Twice a week)	Q	AEC	Tuesday and Thursday	12.45-2.45pm	Free	02/05/23	10 weeks
Functional Skills Maths Fast Track – Level 2	Q	AEC	Wednesday	9.30am-2.15pm	Free	03/05/23	10 weeks
Level up to Maths – Level 1 and 2	CL	AEC	Wednesday	9.30-11.30am	Free	19/04/23	10 weeks
Level up to Maths – Level 1 and 2	CL	AEC	Wednesday	6-8pm	Free	19/04/23	10 weeks

The following courses are offered for free, irrespective of your financial circumstances:

- Functional Skills
- Qualifications in English and maths
- Essential Digital Skills Qualifications at Entry 3 and Level 1
- Level 3 courses which are part of the National Skills Fund offer

Call us on **01482 615 349** to book an initial assessment. This will help us to get you onto the right course at the right level to make your learning right for you.

English

Course	Course Type	Venue	Day	Time	Cost	Starts	Length
English Made Easy	CL	PRAE	Monday	9.30-11.30am	Free	17/04/23	5 weeks
English Made Easy	CL	PRAE	Monday	9.30-11.30am	Free	19/06/23	5 weeks
Functional Skills English Fast Track – Level 1 (Twice a week)	Q	AEC	Thursday and Friday	9.30-11.30am	Free	20/04/23	10 weeks
Functional Skills English Fast Track – Level 2 (Twice a week)	Q	AEC	Thursday and Friday	9.30-11.30am	Free	05/05/23	10 weeks

Languages

Course	Course Type	Venue	Day	Time	Cost	Starts	Length
Essential Spanish for Your Holiday – Initial Assessment (you must attend this prior to the course)	CL	AEC	Monday	6-8.30pm*	Free	05/06/2023 or 12/06/2023	2.5 hours
Essential Spanish for Your Holiday	CL	AEC	Tuesday	6-8.30pm*	Free	20/06/2023	6 weeks
Essential Spanish for Your Holiday	CL	AEC	Wednesday	6-8.30pm*	Free	21/06/2023	6 weeks
Spanish Speaking and Listening (Entry Level) and Reading and Writing (Entry Level)	CL	AEC	Tuesday	6-9pm*	£109.50 / Free**	September 2023	13 weeks
Spanish Speaking and Listening (Level 1) and Reading and Writing (Level 1)	CL	AEC	Wednesday	6-9pm*	£109.50 / Free**	September 2023	13 weeks

Pottery and Mixed Media

Course	Course Type	Venue	Day	Time	Cost	Starts	Length
Creative Ceramics and Raku – Entry Level 3	Q	AEC	Wednesday	11.30am-2.30pm	£145 / Free**	19/04/23	11 weeks

* Allocated time includes taught session, tutorial and independent learning

** Fee remissions available

Term dates:
17 April – 21 July

(Bank Holiday Monday 1 May,
Coronation of King Charles III 8 May,
Half-term 29 May – 2 June)

For the latest on courses, running times, dates and venues, check us out at www.hcctraining.ac.uk or call us on **01482 615 349**





Vocational Pathways

Course	Course Type	Venue	Day	Time	Cost	Starts	Length
Early Years – Level 1	Q	AEC	Tuesday	1–3pm	£121 / Free**	02/05/23	12 weeks
Preparing to Work in Schools – Level 1 Award	Q	AEC	Tuesday	1–3pm	£121 / Free**	02/05/23	12 weeks
Preparing to Work in Schools – Level 1 Award	Q	PRAE	Thursday	1–3pm	£121 / Free**	04/05/23	12 weeks
Preparing to Work in Schools – Level 1 Award	Q	PRAE	Thursday	5.30–7.30pm	£121 / Free**	04/05/23	12 weeks
Award in Stress Awareness – Level 1	Q	PRAE	Wednesday	9.15–11.15am	£121 / Free**	TBC	12 weeks
Mental Health Awareness – Level 1	Q	PRAE	Wednesday	12.45–2.45pm	£121 / Free**	TBC	12 weeks
Introducing Counselling Skills – Level 1	Q	PRAE	Tuesday	5.30–7.30pm	£168 / Free**	02/05/23	12 weeks
Introducing Counselling Skills – Level 1	Q	PRAE	Wednesday	5.30–7.30pm	£168 / Free**	03/05/23	12 weeks
Award in Dyslexia Awareness – Level 2	Q	PRAE	Wednesday	5.30–8pm	£168 / Free**	19/04/23	6 weeks
Award in Dyslexia Awareness – Level 2	Q	PRAE	Thursday	5.30–8pm	£168 / Free**	20/04/23	6 weeks
Award in Dyslexia Awareness – Level 2	Q	PRAE	Wednesday	5.30–8pm	£168 / Free**	14/06/23	6 weeks
Award in Dyslexia Awareness – Level 2	Q	PRAE	Thursday	5.30–8pm	£168 / Free**	15/06/23	6 weeks

** Fee remissions available

HYA Training, Goulton Street, Hull in conjunction with Hull Training and Adult Education, are offering the following courses:

- Award in Support Work in Schools and Colleges – Level 2
- Certificate in Supporting Teaching and Learning – Level 2

Venue

AEC – The Avenues Adult Education Centre

PRAE – The Preston Road Adult Education Centre

For the latest on courses, running times, dates and venues, check us out at www.hcctraining.ac.uk or call us on 01482 615 349



To enrol on a course or book an induction workshop please call us on 01482 615 349 or 01482 616 580

FOOD SAFETY – LEVEL 2

By law, food business operators must ensure that food handlers receive the appropriate supervision and training in food hygiene. This qualification is suitable for those of you working in a catering environment who are responsible for handling food. It is also the most popular food safety qualification accepted by enforcement officers and auditors.

During this one day course you will cover:

- The importance of food safety procedures and complying with the law
- Microbiological, chemical, physical and allergenic hazards and their controls
- Food temperature control and stock rotation
- The importance of good personal hygiene
- Keeping work areas clean and safe
- Waste disposal
- Pest control

EARLY YEARS – LEVEL 1

This qualification is suitable for parents and volunteers wishing to participate in provisions in early years settings and allows learners to gain an understanding of the provision of childcare available in early years settings. The Award is part of Foundation Learning. It will be signposted to relevant National Occupational Standards where applicable and will reflect the themes of Every Child Matters and Early Years Foundation.

The course will contain:

- The value of play for babies and young children
- Management and organisation in an early year setting
- Roles and responsibilities in an early year's setting

"The teaching was outstanding."

Louise

INTRODUCTION TO COUNSELLING SKILLS – LEVEL 1

Course Aims:

If you are keen to develop your knowledge and understanding of counselling/helping skills, then our Introduction to Counselling Skills course is the perfect course for you!

Counselling/helping skills are useful for anyone who has a personal or professional interest in increasing their knowledge and experience of active listening through self-awareness and personal development.

Training to become a counsellor or learning helping skills can be extremely beneficial and rewarding to you personally and professionally. It is recognised that these capabilities have become an indispensable and much-valued part of modern-day life and provide a way of making a genuine difference to people.

There are people across the country who work in many different settings – such as in care homes, hospitals, clinics, community centres – and use counselling skills in their professional roles, but are not qualified, professional counsellors.

This short course will help you decide if counselling skills is something you might like to develop in a supportive and fun environment.

During this course you will cover topics such as:

- The issues for which people seek counselling
- How counselling can help people
- Skills used by counsellors
- Empathy in a counselling context
- How self-knowledge enables counsellors to demonstrate acceptance

HEALTH AND SAFETY – LEVEL 2

Keeping workplaces safe is both a legal and moral obligation, with severe consequences if local health and safety laws are not followed.

The Level 2 Award in Health and Safety within the Workplace is a market-leading exam used by some of the biggest businesses across the UK to keep their staff compliant with health and safety.

This qualification has been designed specifically for those individuals who are required to have a basic knowledge of health and safety practices that are essential in the workplace. It is also ideal for those entering the workplace for the first time or looking to progress in an organisation.

By the end of the course you will have:

- An understanding of the responsibilities of employers and employees
- Knowledge around the benefits of good health and safety
- Knowledge of steps to a risk assessment and how they can reduce accidents
- Understanding of near misses and ill-health
- Knowledge of typical hazards and controls in a workplace
- Understanding common causes of accidents, near misses and ill-health
- Knowledge of emergency procedures



Hi, I'm Donna

**I'm a tutor
assessor**

WHY VOLUNTEER? WHAT'S IN IT FOR YOU

If you want to make a difference, be part of a community, learn a new skill or take on a challenge then you should consider being a volunteer.

Volunteering is a great way to get involved, develop skills, gain confidence and to be part of a community.

Through volunteering you can challenge yourself to try something different, achieve personal goals, practice using your skills and discover hidden talents!

We offer the Preparing to Volunteer Course. This would be ideal for anyone who is interested in becoming a volunteer or for anyone who is already a volunteer and who wants to develop their role.

You will explore:

- The role of a volunteer
- Appropriate boundaries
- Keeping you and those around you safe
- Skills needed to fulfil a volunteering role
- The benefits of volunteering
- Your rights as a volunteer

**To find out more about
this qualification please call
The Avenues Adult Education
Centre on 01482 615 349**

MENTAL HEALTH AWARENESS – LEVEL 1

Run over 12 weeks this Level 1 Award in Mental Health Awareness helps raise awareness and understanding of mental health problems by exploring the issues associated with everyday mental health issues. As part of this course you will be expected to complete a minimum of one hour's work at home in addition to the classroom taught sessions.

You will be exploring the following topics:

- Being aware of what is meant by mental health
- Being aware of some of the responses to mental health issues
- Being aware of cultural diversity in relation to mental health issues
- Being aware of some of the social and personal effects of mental ill-health

The qualification is appropriate for a wide range of individuals with an interest in raising their own understanding of mental health issues. It would complement study in a range of areas, for example citizenship, PSHE, healthcare, social care, counselling or public services.

This qualification may also be particularly useful for those working within the voluntary and community sector and for others whose role calls for interaction with the general public in their day-to-day work.

We are able to deliver this course in community and employer venues.

If you would like to discuss this in more detail, please contact The Avenues Adult Education Centre on 01482 615 349.

AWARD IN STRESS AWARENESS – LEVEL 1

If you are looking to gain a core understanding of stress and the effects it can have and how to reduce them, then this qualification is for you.

Learning to cope with unavoidable emotions is essential to living a better quality of life. If you are struggling to manage stress or would like to help others better manage their stress levels, this course is for you.

Stress is related to so many issues in everyday life. Understanding it lays a fantastic foundation for further learning and strategies to use to support positive wellbeing. You will learn the importance of self-awareness and how small changes can improve your life. We will teach you how to recognise different types of stress, the factors contributing to these feelings and how they can translate into physical symptoms. Once you are able to identify stress in yourself, you will explore coping methods, support agencies and how to help others better manage stress.

You will be exploring the following topics:

- What is meant by stress?
- Know the effects of stress
- Understand possible causes of stress
- Understand how to recognise stress
- Know ways to prevent and reduce the effects of stress

AWARD IN DYSLEXIA AWARENESS – LEVEL 2

This six-week Dyslexia Awareness course offers you knowledge around Dyslexia. You will be provided with lots of information that will help you not only learn about Dyslexia, but also around how to help children, or others, who you come in to contact with.

This course aims to help you develop in an existing role, such as a Teaching Assistant or Learning Support Practitioner – or help you prepare to take on such a role.

SPANISH

Hola a todos, Cómo están?

If you love the sound of Spanish, want to explore the culture and be able to communicate with the locals, then learning Spanish is for you. Life's about experiences – exploring the culture whilst eating delicious Spanish food, watching the locals playing board games or simply enjoying Spain's ever-changing architecture.

There are lots of reasons for learning Spanish, perhaps you have family connections or want to travel, work or live in a Spanish-speaking environment. Whatever your reasons, you will get more out of the experience if you can communicate effectively with the locals.

We offer Spanish courses at various levels where you will learn all elements of the language: reading, writing, speaking and listening that will support you with correct pronunciation and develop your vocabulary knowledge in various topic areas as well as build up your grammar knowledge using different types of tenses, such as the present, past and future.

ESSENTIAL SPANISH FOR YOUR HOLIDAY

Holidays are always around the corner, so why don't you get ready for your next vacations with this short Spanish course? You will learn useful and essential travel phrases you can use which will take your traveling experience to the next level!

On this course you will learn:

- Greetings and other basic phrases
- Phrases to help you experience the local food and drink
- Useful vocabulary to ask for information around the city



SPANISH SPEAKING AND LISTENING (ENTRY LEVEL) AND READING AND WRITING (ENTRY LEVEL)

This course is aimed at learners with none or very little knowledge of Spanish. It runs every Tuesday from 6pm for 13 weeks. Starting in September 2023.

You will learn a wide range of topics such as:

- Asking and giving personal information
- Meeting and greeting
- How to follow instructions when asking for and giving directions
- Talk about jobs and occupations
- Explain where you come from and where you live
- Order your favourite food and drinks in a bar and restaurant

By the end of the course, you'll acquire knowledge of key vocabulary and basic structures of Spanish grammar using a range of words and sentences to form statements and questions in familiar situations. You will participate and contribute to short conversations and dialogues and understand written and spoken material expressed in Spanish and be able to extract specific details.

SPANISH SPEAKING AND LISTENING (LEVEL 1) AND READING AND WRITING (LEVEL 1)

This course is aimed at learners who have some knowledge and a basic understanding of Spanish grammar. It runs every Wednesday from 6pm for 13 weeks. Starting in September 2023.

You will learn a wide range of topics such as:

- Travel and buying tickets to get around on public transport
- Making reservations and booking accommodation
- Asking for help at the tourist information
- Food and Drink
- Shopping
- Become confident in using grammar correctly

By the end of the course, you will build on your vocabulary knowledge and your ability to understand spoken and written Spanish in a range of topics. You will develop your knowledge of sentence structure and a good understanding of Spanish grammar as well as build your awareness of the cultural diversity of the Spanish-speaking world, consolidate speech with numerous phonetical exercises and learn strategies to continue learning outside of the classroom.



CREATIVE CERAMICS – LEVEL 2

If you would like to advance your practical skills in Pottery, Ceramics and Mixed Media, then this is for you!

There is a greater level of challenge on this course and it is suitable if you have achieved a Level 1 qualification or who have some experience of pottery/ceramics.

It is a largely practical course which gives you the opportunity to develop and practise your creative skills required to progress in the pottery sector. This will include developing creativity, through project development, using diverse methods of hand building and sculpting through decoration techniques. You will also develop analytical skills enabling you to progress in your subject specialism.

The beauty of this course is that, it allows you to study on a part time basis, attending one three hour session a week meaning, it can be accommodated alongside employment, childcare and other commitments.

This course will be of particular interest if you are wanting a career change or just wanting to experience something different and enhance your practical and creative skills.

Starting in September 2023.

INTRODUCTION TO RAKU AND CREATIVE CERAMICS – ENTRY LEVEL 3

Raku is a special ceramic technique where you are in touch with the whole making, glazing and smoking process that produces the classic raku crackle glazes used on cups for the Japanese tea ceremony. You will learn how to make items using raku clay. This course is suitable for beginners or those with experience who want to try new techniques.

This is a largely practical course which gives the opportunity to develop and practise the creative skills required for Raku. Working with the elements of fire, water and earth you'll explore the Japanese pottery technique. Loosely translated Raku can mean enjoyment, pleasure, comfort, happiness and contentment. This low firing technique is connected to a rich cultural and spiritual heritage where there is still much to be discovered, experienced and shared.

SUPPORTING TEACHING AND LEARNING IN SCHOOLS

Teaching Assistants support children with their learning activities in the classroom. They work closely with teachers to make sure pupils enjoy learning in a safe and caring setting. If you like working with children and want to play a part in their education and well-being, this career could be ideal for you.

PREPARING TO WORK IN SCHOOLS – LEVEL 1 AWARD

This qualification is about gaining an insight into working in a learning environment, whether this is in a primary, secondary or special school. You will learn about the different types of schools in the education sector and how they are organised.

This classroom-based course will prepare you for further learning while developing an understanding of the teaching and learning environment in a school, how to support the well-being of children and young people and how young people develop basic skills including children's learning in and out of the classroom.

You will learn practical skills and underpinning knowledge to support you on further learning and development.

During the course you will have both taught and practical sessions and you will be expected to produce some written work.

The course content will be negotiated to meet your needs and will include some of the following:

- Understanding schools and organisations
- Understanding how to keep children safe and well
- Understanding how to communicate with children, young people and adults
- You do not require a placement to complete this course, however, you will complete an assessment task to establish if this is the correct level for you

A Teaching Assistant qualification can be beneficial to improving job prospects and gaining substantial knowledge about child development. It is aimed at learners volunteering in roles that support pupils' learning in primary, secondary or special schools.

After this course you may wish to progress onto the Level 2 Award Support Work in Schools and Colleges qualification.



Rachel Nolan, ESOL Manager

ENGLISH FOR SPEAKERS OF OTHER LANGUAGES (ESOL)

We offer a variety of courses from early beginners to advanced (Pre-Entry to Level 1) which are delivered through blended and online learning, as well as in the classroom, at The Avenues Centre. Our Living and Working in Hull, ESOL Functional Skills English, ESOL Conversation Club and ESOL Phonics courses will support your English skills development.

An ESOL course will help you to:

- Improve speaking and listening
- Improve reading and writing
- Gain a qualification
- Develop employment skills
- Help your children with school work
- Improve confidence



Hi, I'm Jo
I'm part of the
ESOL team

ESOL

Course	Course Type	Venue	Day	Time	Cost	Starts	Length
Welcome to ESOL Workshops	CL	AEC	Tuesday	10am-12noon	Free	01/08/23	2 hours
Welcome to ESOL Workshops	CL	AEC	Thursday	1-3pm	Free	03/08/23	2 hours
Welcome to ESOL Workshops	CL	AEC	Tuesday	10am-12noon	Free	08/08/23	2 hours
Welcome to ESOL Workshops	CL	AEC	Thursday	10am-12noon	Free	10/08/23	2 hours
Welcome to ESOL Workshops	CL	AEC	Tuesday	1-3pm	Free	15/08/23	2 hours
Welcome to ESOL Workshops	CL	AEC	Thursday	1-3pm	Free	17/08/23	2 hours
Welcome to ESOL Workshops	CL	AEC	Tuesday	10am-12noon	Free	22/08/23	2 hours
ESOL Phonics	CL	AEC	Thursday	9.30-11.30am	Free	20/04/23	12 weeks

ESOL Living and Working in Hull (Entry 1 to Level 1)

These six week courses will help you to:

- Develop your conversation skills in English in everyday life situations
- Help your confidence in face-to-face situations
- Develop your employment skills i.e. job interviews, explaining things
- Support you to be better equipped to integrate into life here in Hull, England i.e. talking with your colleagues, your child's school, your GP or your neighbours
- Improve your confidence and promote positive well-being
- Move on to further courses, gain qualifications and / or get work

Topics can include:

- Healthy living, well-being and looking after your mental health

- Being kind, manners, feelings, emotions and coping mechanisms
- Being safe, including emergency services, internet safety and the law within the UK
- Visits to local venues, such as museums and following The Fish Trail

You can progress from these courses onto an accredited course and achieve a Functional Skills qualification.

This course is run twice a week for two hours per session over six weeks.



Hi, I'm Lilian
I'm part of the ESOL team



Hi, I'm Lucy
I'm part of the ESOL team

ESOL Conversation Club

This 12 session course will help you to:

- Gain confidence communicating with others using English language
- Practice a range of speaking, listening and communication skills
- Practice pronouncing words
- Practice your speaking skills out in the community

This course is run twice a week for two hours per session over six weeks

ESOL Functional Skills (Entry 1 to Entry 3)

This course will help you develop confidence and improve your skills in everyday life.

English courses help you develop your reading skills, spelling, grammar and punctuation, writing for different purposes and speaking and listening confidently.

These skills can help you obtain employment, gain promotions and improve skills in the workplace as well as improving your day to day use of functional English.

Our ESOL Functional Skills courses are fully funded so eligible learners will not have to pay a fee. You may also achieve a qualification.

We have a range of courses delivered in our centre and online.

Most Functional Skills courses are for 12 weeks with classes twice a week 2.5 hours per session.

After achieving Entry 3 you can progress onto Living and Working in Hull Level 1 and Level 1 / Level 2 Functional Skills with our English provision.

ESOL Phonics

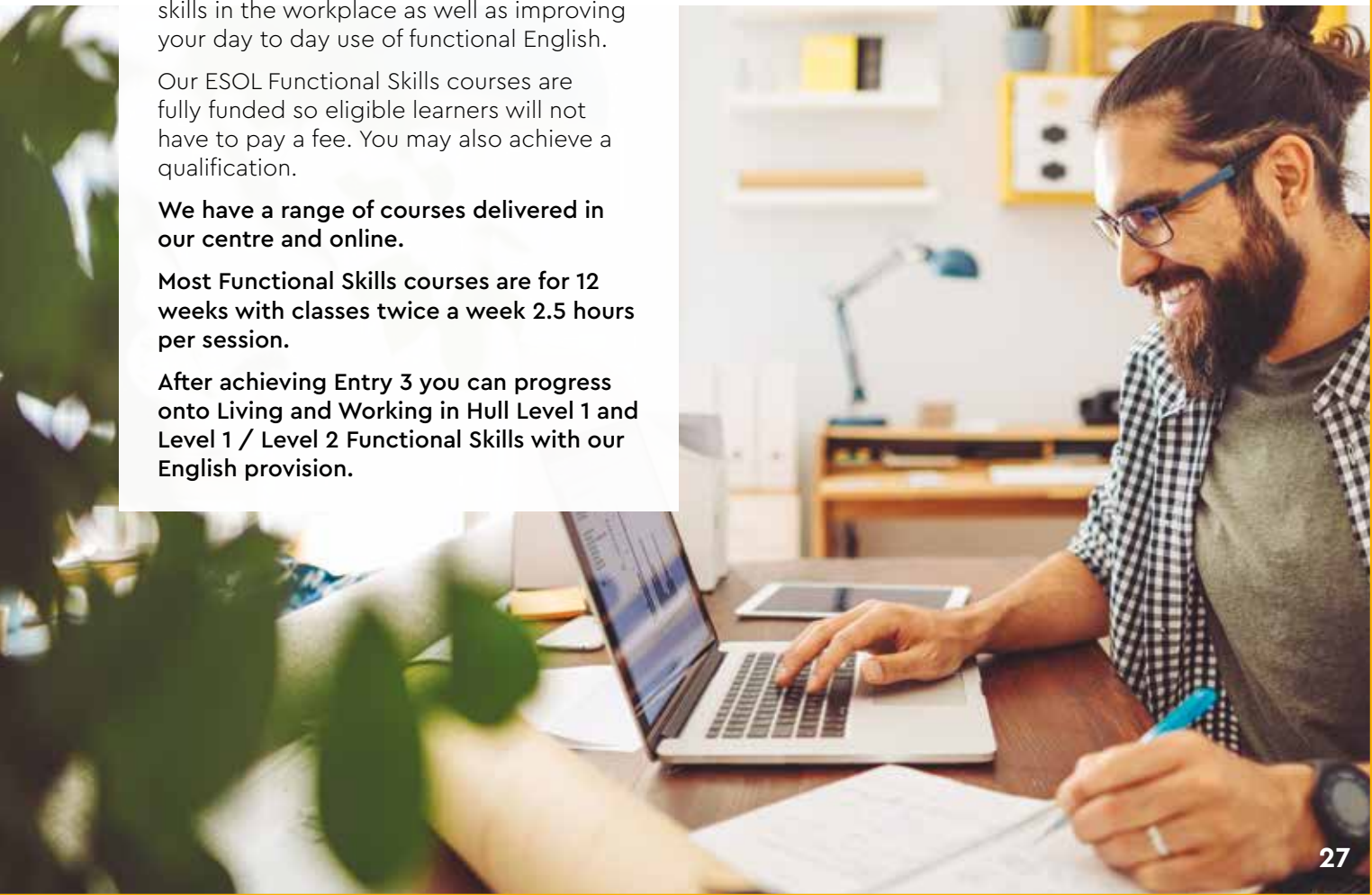
This 12 session course will help you to:

- Learn phonic sounds that will help you spell words
- Read words by using knowledge of phonic sounds
- Practise pronouncing words
- Improve confidence and promote positive wellbeing
- Move onto further ESOL courses

This course is run once a week for two hours per session over 12 weeks

ESOL workshops

We offer a range of Workshops throughout the year to introduce you to Hull Training and Adult Education, inform you of the courses we offer and help find a course that is right for you. Use our contact details to find out more information.



Join our **FREE** courses

Term dates:

17 April – 21 July

(Bank Holiday Monday 1
May, Coronation of King
Charles III 8 May, Half-term
29 May – 2 June)



FUNCTIONAL SKILLS

Functional Skills English and maths equips you with everyday skills.

All of these courses, including the qualifications, are offered free for you to access and are fully funded by the Government. When you apply to join our courses, we will assess your current skills and advise the best solution for you from our suite of available courses.

Fast Track courses offer the chance to complete courses in half the time by completing additional work independently which is set by your tutor. You must be motivated and able to complete the extra work in between classes to give yourself the best chance of success.



Hi, I'm Sadique

I'm a maths
tutor

ENGLISH

Creative Writing

Discover the author within yourself – we all have a story to tell!

Read and enjoy up to date writing material and take part in enjoyable language activities by rhyming and creating free verse. You will look at different styles of writing and how to create drama and atmosphere in your work. Experiment with the different approaches in your own pieces of work.

Your course will run for five weeks and you will be able to take your creativity and inspiration away from the course with you.

English Made Easy

If you want to increase your skills and knowledge then **English Made Easy** will be 'write' up your street!

This is a confidence building course that helps you to learn more about the basics of reading, writing and spelling well in English. You will focus on planning pieces of writing and developing skills to make checks for accuracy in your work. You will learn and use research skills, finding information in books and online sites to help your learning on this course. Learn tricks and tips to help your memory and learn new patterns and rules to improve your spelling.

Taking pleasure and enjoyment in learning English is important and you will be able to look at a variety of writing styles to help you to enjoy language by using rhyme, poetry, novels and lyrics.

Writing Skills for Life and Work

Want to improve your writing skills in English? Then this course is for you!

The focus on this course is on developing your writing skills for practical reasons so that you have confidence when taking part in job related writing tasks in your working life. You will plan and produce texts and adjust the words, layout, structure and order of the information to suit different purposes. Reports, articles, emails, application forms, personal statements and formal letters all follow different conventions which you will learn to use correctly. You will learn how to improve the accuracy of spelling, grammar and punctuation during the process of finalising writing.

This booster course will upskill your writing to improve your effectiveness at work and will help prepare you to join a Functional Skills qualification and achieve the full award on the course.

Functional Skills English Qualification Course

A qualification in English can enhance your life in many ways, opening doors to more confidence, a promotion at work or access to other learning. Our courses combine the three elements of reading, writing and communicating with a final test for each area. There are a range of course lengths available; offered across morning, afternoon and evening sessions; with access to both online and classroom-based learning. Why not come along to an initial assessment and find out which of our courses is the best for you?

For the latest on courses,
running times, dates and
venues, check us out at
www.hcctraining.ac.uk or
call us on 01482 615 349



UNLOCK YOUR POTENTIAL WITH

Multiply



HM Government

SKILLS
FOR LIFE



Multiply is a new government funded programme. We want to boost your confidence and ability to use maths and numbers effectively in daily life, at home and at work.

Good numeracy skills can unlock job opportunities and lead to higher wages or prepare you for further study. They also help in everyday life, such as helping children with homework, cooking, banking, sewing, decorating your house and budgeting money.

Multiply offers and takes your next step to better numeracy.

Through Multiply, we can help you to increase your confidence with numbers, get a formal qualification to open doors to new job opportunities, career progression and/or further study. Maths skills can also be the starting point to addressing skills gaps for many businesses.

How to apply:

Please email us at learneradvice@hullcc.gov.uk quoting the word 'Multiply' or call us on 01482 615 349 and we will let you know all of the upcoming workshops and activities that will be launching shortly.

Learn more about Multiply at hcctraining.ac.uk and click on 'Multiply'.

Available to:

All adults who need to improve their numeracy (up to and including Level 2 or equivalent) will be able to access free flexible courses and initiatives that fit around their lives.

Duration:

Various dates and times to suit you!

Age restriction: 19 and over.

Course type:

Multiply will offer easy access to FREE courses and initiatives where you can build your confidence in using numbers at work or in everyday life and progress towards a qualification. They are short courses, one to one or small groups and classroom based in community locations.

Cost:

Free! Multiply is fully funded by the Government.

MATHS

The Language of Maths

Are you learning English as a second language? Learn new maths skills and practice your English too!

- Learn to spell, read and write words about maths
- Know the meaning of a lot more words about maths
- Investigate how maths is learnt in the UK
- Read and answer written maths questions
- Write answers to a problem in numbers and words

While you are learning maths you will also meet new people, talk with others in the group and make friends. You can practice reading and writing in English and so learn more language at the same time as learning maths! We look forward to welcoming you to our course.

Maths Made Easy

Got maths anxiety? Get a grip on maths and join our **Maths Made Easy** course.

Help yourself become more confident in using maths by learning skills to use in everyday life. See how maths is used to help you to cook, budget, decorate, garden, plan events and take part in sport. Practice the basics of maths until your understanding improves.

Anxiety in using maths is a recognised challenge for many people – you are not alone in this. We are here to help you overcome your fears. Our courses are offered in an informal learning space, with friendly tutors and you will meet and learn with other learners who don't enjoy maths, just like you! Make a start in overcoming your fears by joining **Maths Made Easy**.

For the latest on courses, running times, dates and venues, check us out at www.hcctraining.ac.uk or call us on 01482 615 349



Level Up in Maths

How will you prepare to progress to get the next qualification you need? By attending our **Level Up in Maths** course!

Investigate the world around you by using maths theories and concepts so you can improve your maths skills and move onto a qualification course. We will help build your knowledge using areas of maths that are commonly difficult for many learners to help you upskill and be ready to gain a qualification at a higher level. This course has no exam but will help you get the skills you need to join a qualification course and be ready to achieve when you do.

You will recall previous learning to build upon and practice written calculations and recalling number facts that underpin many other skills and areas of maths. Start with the basics and build your learning into more challenging areas. By building in real-life ways to use the maths you will be able to practice your new learning within life, leisure and work.

Functional Skills Maths Qualification Course

Maths is required by many professions and is essential to everyday life and money management. This qualification will reinforce skills in number, measure, shape and using data and statistics to read and interpret mathematical information. This is a formal course with a qualification and you will need to sit an exam at the end of the course. We offer a range of levels from Entry 1 to Level 2, which is the highest level of qualification you can gain in Functional Skills Maths. The qualification is recognised by employers and higher education establishments.

Courses are delivered in a range of formats including fast track over 10 weeks, standard courses over 20 weeks and beginner level courses that are offered for 30 weeks. Eligible learners will not have to pay a course fee and our induction process will make sure you are offered the right course.

DIGITAL AND IT SKILLS

Computers for Beginners

Start right at the beginning and learn the basics of computing on this short course. You will learn the names and uses of buttons on the keyboard and icons on the screen. Develop some understanding of the jargon around computers and what all those words mean!

You will learn to make simple internet searches, type into the keyboard and use the mouse with confidence, including learning how to keep yourself and your data safe when online.

Computers for Improvers

This course extends basic computer skills to the next level. You will reinforce the keyboard and mouse skills and always work safely on your computer, setting secure passwords and recognising signs to check for safe use online. Add items to emails you send and receive and practice using an email account, including logging in and out of accounts.

Build your skills during these informal courses in preparation to move on and achieve a Essential Digital Skills qualification.



Essential Digital Skills – Entry Level and Level 1

Research shows more than 20% of people don't have basic digital skills needed for life and work using current technology. These new qualifications have been developed to improve everyday digital skills across a starter and intermediate level. What does that mean for you?

Developing skills to search effectively online, checking the reliability of the information and being aware of online safety is integral to both levels of qualification. You will be able to set up accounts to send documents via email and use social media to contact and communicate with family and friends, sending images safely by accessing your storage easily. Your confidence will grow when using functions, tools and controls on different devices such as smartphones, tablets and laptops. Your improved awareness of security and ability to complete online forms will mean you can make online payments for goods and services.

The overall aim of these courses is for you to have confidence in being able to use digital tools to your advantage but in a safe and competent way that means you will use and retain these skills in everyday life. You will complete an onscreen test for final assessment and receive your certificate electronically.

Award in Digital and IT Skills – Level 2

Functional Skills ICT can help you develop the practical ICT skills you need to use technology in life, study and work. You will utilise your current skills and learn how to develop them further, combined with new skills, in real-life situations. This formal course offers a problem-solving qualification that can improve your employment prospects, confidence and self-belief when using computers in everyday life.

Skills Bootcamps

What are Skills Bootcamps?

Skills Bootcamps – part of the Government's Lifetime Skills Guarantee, helping everyone gain skills for life – offer bespoke training solutions to bridge existing skills gaps within high demand sectors.

Skills Bootcamps place the employer at the centre of training and development. Skills Bootcamps are flexible courses of up to 16 weeks at Level 3 to 5, giving people the opportunity to build up sector-specific skills and fast-track to a guaranteed interview with a local employer.



Alex Ashwell, Senior Lead Business Development and Contracting

Skills Bootcamps in Hull and East Yorkshire

Skills Bootcamps will equip adults with technical skills that will enable them to access in demand jobs, apprenticeships, new opportunities and an increased level of income over time (including the self-employed). The projects will deliver flexible training programmes for adults (19+), delivered by a range of quality assured training providers. The flexible approach allows adults to train around existing commitments.

Skills Bootcamps are free to the learner, giving them the opportunity to build up sector-specific skills and fast-track to a guaranteed interview with a local employer. Programmes are delivered at Level 3 to Level 5. You will need a good grasp of the English language and a willingness to learn.

Employers contribute to the cost of training if they want to use Skills Bootcamps to train their existing employees – large employers (over 250+ employees) contribute 30% of the cost and small or medium employers (SMEs up to 250 employees) contribute 10%. Existing employees may need time to study and attend classes depending on their working hours and the flexibility of the course.



Please contact
skills.bootcamp@hullcc.gov.uk
for further information

LEARNING FOR LIFE, WELLBEING AND LEISURE

Workshops for Celebration 135 Years

Course	Course Type	Venue	Day	Time	Cost	Starts	Length
Rustic Sundial using Stoneware Clay Workshop	CL	AEC	Monday	12noon-3pm	Free	05/06/23	3 hours
Community Sculpture Project	CL	AEC	Monday	10am-2pm	Free	24/04/23	4 hours
Community Sculpture Project	CL	PRAE	Monday	10am-2pm	Free	15/05/23	4 hours
Community Sculpture Project	CL	AEC	Monday	10am-2pm	Free	22/05/23	4 hours
Victorian Poetry Classes	CL	AEC	Wednesday	10am-12.30pm	Free	07/06/23	6 weeks
Victorian Scented Sachets	CL	AEC	Friday	10am-12.30pm	Free	09/06/23	6 weeks
Introduction to Hand Spinning Yarn – Community Display Project #	CL	AEC	Wednesday	6-8.30pm	Free	07/06/23	6 weeks

Commitment for six weeks



Pottery, Ceramics and Mixed Media Workshops

Pottery is our oldest handicraft and has always been considered to be a skilled craft. It is also an extremely relaxing hands-on activity which offers to unlock creativity and inspire the imagination.

We cater for all levels of skill. It doesn't matter if you are a total beginner or an advanced practitioner who wants to develop further. You will receive supportive tuition and will learn in a well equipped and well resourced studio. Just bring yourself and we'll supply the rest!

Our ceramic and pottery courses are extremely popular and so we are expanding our facilities. There will soon be a new studio at The Avenues Adult Education Centre, Park Avenue in Hull. Classes here will be advertised soon on our website. Alternatively, register your interest by emailing us at learneradvice@hulcc.gov.uk or call us on **01482 615 349**.



Spotlight on...

Lisa Wilson



What made you decide to go on the course?
I studied ceramics 35 years ago and I really wanted to get back into it. I saw this course advertised and thought WOW, this looks fantastic! Great curriculum, great price and I thought yep, I'm going to come back!

Have you tried any other courses here?
I've just finished a 10 week ceramics course in the evenings and then, I'm going to be starting a 26 week course next term! There's loads here – throwing for beginners to making mugs, pots, vases. There's something here for everybody!

How have you found the teaching?
Erica is great! She's so friendly! Erica has so much knowledge that she helps everybody! She works great with the new beginners as well as the advanced. It's a really nice environment! We are all mixed in our capabilities and yet, we are learning from each other!

What would you say to someone who has never done a course like this before?
Have courage, just get here and come and do it – it's really fantastic and there's a lovely environment!

Matthew Thomson



Is this the first time that you've taken a course here?
No, this is the third course that I've done.

What where the other two?
I did hand building which was for 12 weeks and then I did a five week throwing course. I'm starting another course next term!

How did you hear about the courses?
Well, I knew what I wanted to study so, I did a Google search and the courses sounded the most interesting.

How have you found the course?
It's brilliant. You get to learn hand building, throwing, glazing. I've really enjoyed the glazing part – it really finishes off the piece of art.

How have you found the learning?
Erica is brilliant! She is really welcoming. It's fine to make a mistake, it's done very light heartedly.

What would you say to someone who has never done a course like this before?
Just do it! It's just such good fun and something different!

Camil Kowalewski



What made you decide to go on the course?
It was something that I wanted to try for quite some time! I saw the course advertised online and I signed up for it.

How have you found the course?
I've thoroughly enjoyed it. It was excellent. You meet a lot of great people and you learn a lot!

Is it the first time that you've tried one of our courses?
This is my second course. I tried the beginner's level first!

What have you loved the most?
Throwing on the wheel and glazing!

What would you say to someone who has never done a course like this before?
You have nothing to lose – give it a try!

Pottery Main Programme

Course	Course Type	Venue	Day	Time	Cost	Starts	Length
Induction – Basic Pottery Beginners 2	CL	PRAE	Tuesday	12noon-2pm	Free	18/04/23	2 hours
Basic Pottery Beginners 2	CL	PRAE	Tuesday	12noon-3pm	£37 / Free** Inc clay	25/04/23	5 weeks
Induction – Basic Pottery Beginners 2	CL	PRAE	Tuesday	6.30-8.30pm	Free	18/04/23	2 hours
Basic Pottery Beginners 2	CL	PRAE	Tuesday	5.30-8.30pm	£37 / Free** Inc clay	25/04/23	5 weeks
Induction – Basic Throwing Skills Beginners 2	CL	PRAE	Thursday	10am-12noon	Free	20/04/23	2 hours
Basic Throwing Skills Beginners 2	CL	PRAE	Thursday	9am-12noon	£43.50 / Free** Inc clay	27/04/23	5 weeks
Induction – Further Your Throwing Skills Intermediate 2	CL	PRAE	Thursday	12.30-2.30pm	Free	20/04/23	2 hours
Further Your Throwing Skills Intermediate 2	CL	PRAE	Thursday	12.30-3.30pm	£43.50 / Free** Inc clay	27/04/23	5 weeks
Induction – Increase Your Basic Pottery Beginners 3	CL	PRAE	Tuesday	12noon-2pm	Free	06/06/23	2 hours
Increase Your Basic Pottery Beginners 3	CL	PRAE	Tuesday	12noon-3pm	£37.50 / Free** Inc clay	13/06/23	5 weeks
Induction – Increase Your Basic Pottery Beginners 3	CL	PRAE	Tuesday	6.30-8.30pm	Free	06/06/23	2 hours
Increase Your Basic Pottery Beginners 3	CL	PRAE	Tuesday	5.30-8.30pm	£37.50 / Free** Inc clay	13/06/23	5 weeks
Induction – Increase Your Basic Throwing Skills Beginners 3	CL	PRAE	Thursday	10am-12noon	Free	08/06/23	2 hours
Increase Your Basic Throwing Skills Beginners 3	CL	PRAE	Thursday	9am-12noon	£43.50 / Free** Inc clay	15/06/23	5 weeks
Induction – Progress Your Throwing Skills Intermediate 3	CL	PRAE	Thursday	12.30-2.30pm	Free	08/06/23	2 hours
Progress Your Throwing Skills Intermediate 3	CL	PRAE	Thursday	12.30-3.30pm	£43.50 / Free** Inc clay	15/06/23	5 weeks

** Fee remissions available

Term dates:
17 April – 21 July
(Bank Holiday Monday 1 May,
Coronation of King Charles III 8 May,
Half-term 29 May – 2 June)

For the latest on courses, running times, dates and venues, check us out at www.hcctraining.ac.uk or call us on 01482 615 349



Varied Community Learning Courses

We offer courses from: British Sign Language, Understanding Mental Health, Media Studies to mind, body and soul in the form of Yoga!

We're adding exciting and dynamic courses all of the time – check us out at www.hcctraining.ac.uk or message us on Facebook with any ideas you may have for us to consider – we're excited to hear from you!

Course	Course Type	Venue	Day	Time	Cost	Starts	Length
Introduction to British Sign Language	CL	AEC	Tuesday	6-8.30pm	£25 / Free**	18/04/23	6 weeks
Introduction to British Sign Language	CL	AEC	Wednesday	6-8.30pm	£25 / Free**	19/04/23	6 weeks
Introduction to British Sign Language	CL	AEC	Monday	6-8.30pm	£25 / Free**	05/06/23	6 weeks
Introduction to British Sign Language	CL	AEC	Tuesday	6-8.30pm	£25 / Free**	06/06/23	6 weeks
New to Felting Beginners 1	CL	AEC	Wednesday	6-8.30pm	£25 / Free**	19/04/23	6 weeks
Managing Children's Behaviour	CL	AEC	Tuesday	12.15-2.45pm	Free	18/04/23	6 weeks
Managing Children's Behaviour	CL	PRAE	Wednesday	9.30am-12noon	Free	19/04/23	6 weeks
Managing Children's Behaviour	CL	AEC	Tuesday	12.15-2.45pm	Free	06/06/23	6 weeks
Managing Children's Behaviour	CL	PRAE	Wednesday	9.30am-12noon	Free	07/06/23	6 weeks
Meditation and Breathing Techniques	CL	AEC	Tuesday	12.15-2.45pm	Free	18/04/23	6 weeks
Meditation and Breathing Techniques	CL	AEC	Tuesday	12.15-2.45pm	Free	06/06/23	6 weeks
Mindfulness Yoga	FC	AEC	Tuesday	7-8.30pm	£48	18/04/23	6 weeks
Mindfulness Yoga	FC	AEC	Tuesday	7-8.30pm	£48	06/06/23	6 weeks
Aromatherapy Beginners 1	CL	AEC	Wednesday	10am-12.30pm	£25 / Free**	19/04/23	6 weeks
Aromatherapy Beginners 3	CL	AEC	Friday	10am-12.30pm	£25 / Free**	21/04/23	6 weeks

** Fee remissions available

FULL COST



Ceramics and Yoga

Course	Course Type	Venue	Day	Time	Cost	Starts	Length
Ceramics – Advanced	FC	PRAE	Monday	12noon-3pm	£90	12/06/23	6 weeks

Yoga

Course	Course Type	Venue	Day	Time	Cost	Starts	Length
Mindfulness Yoga	FC	AEC	Tuesday	7-8.30pm	£48	18/04/23	6 weeks
Mindfulness Yoga	FC	AEC	Tuesday	7-8.30pm	£48	06/06/23	6 weeks

Venue

AEC – The Avenues Adult Education Centre
PRAE – The Preston Road Adult Education Centre



LEARNING FOR FAMILIES



These courses are designed for parents and carers. Develop your own skills to support your children's learning through a wide range of learning experiences; including working towards English and maths qualifications – please state families learning together when booking a place.

Join our **free courses** which will help you to **support your child in school**. The courses will also:

- Give you the **tools to help your children** with their homework
- Support **your family's wellbeing**
- Support your **children's emotional needs**
- **Build your confidence** – in the family and in your community
- Provide a **supportive network** of other parents and carers

A selection of six week courses are:

Managing Children's Behaviour

The focus of this course is an understanding of your child's behaviour. You will be able to discuss the behaviours that are wanted and not wanted and develop strategies for managing unwanted behaviour.

Family Pottery

Family Pottery is for families with children over three years of age. You will have fun learning and creating together – hand and building pots, throwing and shaping on the pottery wheel and trying out new basic ceramic processes.

Story Sacks or Number Sacks

You will learn how to design and make puppets, games and practical activities to share at home themed around your child's favourite stories or number rhymes and books.

Makaton – Sing and Sign

Babies use all kinds of signs and gestures as a natural part of learning to talk. Signing with your child through 'Sing and Sign' is fun and interactive and enables babies and young people to recognise important words sooner and can often enable them to use the signs to 'talk' before speech.

Book Club 10+

Do you love to read as a family?

Come together and share the experience of reading the same book and discussing the content with others. This course can help with confidence in reading, reading out loud, boost team working skills as well as improving writing skills. Building positive relationships with families, parents, carers, and being involved with the community.

Keeping up with the Children Maths – six week course

Would you like to improve knowledge of how parents and carers can help and support children in maths at key stages 1 and 2? Then this is the course for you!

We will discover how:

- You can support your child with maths
- Strategies are used in your school for numeracy at key stages 1 and 2
- Strategies are used to support your child's learning
- Current maths curriculum is used in schools and how you can support that syllabus
- Working safely online to enhance is so important to keeping your children safe

Keeping up with the Children English – six week course

Would you like to improve your knowledge of how you can help and support your child in English at key stages 1 and 2? Then this is the course for you!

We will discover how:

- You can support your child with English
- Strategies are used in your school for literacy at key stages 1 and 2
- Strategies are used to support your child's learning
- Current English curriculum is used in schools and how you can support that syllabus
- Working safely online to enhance is so important to keeping your children safe

Keeping up with the Children Maths and English Functional Skills – 27 week course

Support the development of practical skills in English and maths. This course is designed to help you gain the most out of work, education and everyday life. There is a strong focus on explanation and problem-solving. You can develop your skills from Entry Level up to Level 2 in a safe and welcoming environment.

We can help you to:

- Update your skills for work
- Improve your qualifications for college or further learning
- Help your children with their homework and explore the current school curriculum
- Or simply help you to improve your English and maths skills



HULL CULTURE AND LEISURE IN PARTNERSHIP WITH HULL TRAINING AND ADULT EDUCATION

All of the following will be available for booking at www.hulllibraries.eventbrite.co.uk

First Steps Community Outreach Learning Activities – Coming Soon!

Our Community Learning includes a wide range of community based and outreach learning opportunities, designed to bring together adults of all ages and backgrounds.

Our Community and Family Learning courses are for everyone aged 19+ and the great thing is, you don't need any prior skills or qualifications to sign up.

You can learn something new, explore hobbies and new interests while making new friends, and we can help you learn techniques to better manage your life, or mental and physical health.

Conversation Café

Conversation Café is an informal way to improve your English, meet new friends and have fun. These are also available for specific community groups. Contact us for more information.

Help into Training and Employment

If you're looking to gain skills for a new or better job, there's never been a better time to join us as we have a range of workshops or courses supporting people into training and employment.

Here is an indication of what we will be delivering, there will be a range of workshops ranging from a few hours to a full day. Best yet, as a part of post covid recovery, all workshops will be free!

Adult tasters courses

Short introductions to:

Course	Venue
Adobe Illustrator	Makerspace, Central Library
Laser Cutting	Makerspace, Central Library
3D Printing	Makerspace, Central Library
Terrarium Making	Makerspace, Central Library
Puppet Making	Makerspace, Central Library
Mould Making	Makerspace, Central Library
Resin Pouring	Makerspace, Central Library
Screen Printing	Makerspace, Central Library
Pottery	Makerspace, Central Library
Bookkeeping	Preston Road Adult Education Centre
Developing your Business Idea	Preston Road Adult Education Centre
Reading Well	Libraries near you
Employability Skills	Bransholme, Western and Central Libraries (weekly)
Scared of Mice (very basic ICT)	Various locations
Book Binding	Makerspace, Central Library

Family Learning courses



Available at your local library:

- **Creative Writing** – for families (weekly)
- **Coding** – basic coding for families (weekly)
- **Pottery** – basic introduction
- **Make and Take** – Make & Take to learn new skills in crafts
- **Toddler Tune** – singing, dancing and lots of fun
- **Storytime** – reading with your child
- **Baby Bounce** – Rhymes, singing and fun with your babies and toddlers
- **Creating Together with Lego**

For all you gamers out there!

Minecraft

Create a stadium with Minecraft.

Microbit Madness

How can one simple piece of tech say hello, take the temperature and even turn fruit into a musical instrument? With a few super simple bits of code, a handful of wires and an easy to use 'Micro:bit', you can open up a world of possibilities with these pocket sized programmable computers.

TRAINING FOR THE OVER 50s



Expanding your employment options: Free learning opportunities for over 50s

There has been a big push in recent years to reduce unemployment in the over 50s, with big businesses and government programmes creating initiatives to encourage over 50s to get back into the workplace.

Our courses and support provide you with access to learning new skills and areas of knowledge, which, in turn, helps to expand your employment options.

In today's world, being over 50 means very little when you have the right skill set! With new tools and technology easily at the ready, there's no stopping the older workforce. Let's help you meet your goals.

Our training includes improving interviewing skills, updating CVs, insight to the internet and social media, career reviews and much more.

HULL TRAINING AND ADULT EDUCATION IS PLEASED TO BE WORKING IN PARTNERSHIP WITH:

The Rainbow Children's Centre, Hull
The Parks Children's Centre, Hull
Fenchurch Children's Centre, Hull
The Priory Children's Centre, Hull
Northcott School, Hull
Clifton Primary School, Hull
Alderman Cogan Primary School, Hull
HYA Training, Hull

For the latest on courses, running times, dates and venues, check us out at www.hcctraining.ac.uk or call us on 01482 615 349



EXPERIENCE AND WISDOM

While younger workers can have more energy and be more adaptable, mature workers can bring commitment, reliability and vast experience to the workplace. Today, some recruiters only offer interviews to those that have 10 to 30 years' occupational experience.

Courses available with Hull Training and Adult Education include:-

- English • Maths • Mental Health
- Teaching Assistants • Teacher Training

For more information please call us on 01482 615 349 or email learneradvice@hulcc.gov.uk



Training & Adult Education

Contact

Email: learneradvice@hulcc.gov.uk

Call us on: **01482 615 349 or 01482 616 580**

Visit our website at: www.hcctraining.ac.uk

Follow us on Facebook:

@HullAdultEducation and @hcctraining

WE'RE SOCIAL!

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- Instagram** @Hull Training and Adult Education
- Twitter** @Hull Training and Adult Education
- LinkedIn** @Hull Training and Adult Education

Check out our vlogs and videos on **YouTube** @Hull Training and Adult Education



WHERE YOU'LL FIND US!

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Hull HU5 4DA
01482 615 349
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01482 616 580
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Disclaimer

The content in this prospectus is correct at the time of going to print, March 2023.

All content is for general information purposes only. All content in this prospectus is provided in good faith, however we make no representation or warranty of any kind, express or implied, regarding the accuracy, dates or running of the courses.

For the latest on courses, running times, venues and dates, check us out at www.hcctraining.ac.uk